



Peer Reviewed Journal ISSN 2581-7795

Education for conscious living: Osho's Teaching on Self Awareness

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ABSTRACT

This study aims to highlights of the perspectives of Osho on Education. Osho's idea of education extends from the moment we are born to the moment we die rather than being limited to classrooms, schools, and institutions. He views education as being much more than just reading. Literacy is defined as "To draw out" (from within). Education is something that liberates; it is "Saa Vidyaa yaa Vimuktaye" (OVE 2). According to Osho, meditation will become the cornerstone of future education. To lay a solid foundation for the future, regular meditation practises are being conducted according to a schedule that has been established" (6). His philosophy on education can be thoroughly and vividly understood by splitting it into three chapters: The three arts of raising, living, and dying.

KEYWORDS

Education, meditation, schools, living and dying.

INTRODUCTION

On December 11, 1931, Osho was born in Kuchwara, Madhya Pradesh. In his early years, he went by the name Rajneesh Chandramohan Jain. He was the oldest of a Jain textile merchant's eleven children. His early years are characterised by accounts of him as an independent and disobedient youngster who questioned all social, religious, and philosophical ideas. He was a rebellious young guy who questioned many traditional ideas. He also tried out different types of meditation. Osho attained enlightenment in 1953 while studying philosophy at the D.N. Jain College in Jabalpur. He was 21 years old at the time. He earned his master's in philosophy with first class honours from the University of Sagar in 1956. He won the Gold Medal in the All-India Debating Championship in his class of graduates.

Osho was hired as a professor at the Sanskrit College in Raipur in 1957. A year later, he was hired as a philosophy professor at the University of Jabalpur, where he served as a professor until 1966. He spoke before sizable crowds and engaged the leaders of orthodox religions in public debates for the next nine years while travelling extensively in India. He gave some speeches during this time that were recorded and are now part of private collections. His other writings provide insights on all the main religions and spiritual traditions, including Christianity, Hasidism, Sufism, Yoga, Zen, Tao, and Tantra. He also discussed a number of



Peer Reviewed Journal ISSN 2581-7795

other mystics, such as Jesus, Lao-Tzu, and Gautam Buddha. At 5 p.m. on January 19, 1990, Osho passed away. Osho, an Indian spiritual master, began a new chapter in humanity's inner quest without adhering to any religious tradition from the past and provided a completely new perspective on education in his book The Revolution in Education. According to Osho, education is that which "teaches fearlessness, stabilises one in generosity, gives energy to the rebel, and gives courage to accept the challenge of the unknown". He believes that the education that has predominated in the past is very restrictive and does not allow for the development. He attributes the breakdown and anarchy in the world to the educational system, saying that "for one hundred and one years all schools and colleges should be closed" to resist it. He believes that any form of competition is fundamentally violent.

Osho's education places a priority on promoting peace and harmony.

Osho's whole body of knowledge is based on meditation and love. To keep things peaceful and harmonious, turn to love and meditation. One must be in a calm condition of mind, body, and social interaction to secure world peace. In order to achieve true peace, one must first undergo inner transformation. It is impossible to achieve inner peace through mental practise or by accumulating knowledge on how to live peacefully and comfortably. In the modern world, theory has no place in bringing about peace. By educating minds that become hypocritical and using the power of words, all of our educational institutions provide the groundwork for world peace.

The global populace feels a sense of belonging. of an extended family. Of course, technological advancements and research are what made this feasible and fulfilled our ambition. People from various nations are more or less aware of the internal and exterior activities of other nations. Because of the media, reality is revealed quickly, and we do not need to spend a lot of money or time travelling from one place to another to learn the truth. Even though literacy rates around the world are rising, security issues involving people's lives and property continue to plague citizens of all nations. Leaders are shouting from top to bottom, and everyone from a priest to a beggar is asking for assistance to ensure their survival. While everyone claims to believe in global brotherhood, we are constantly forming caste organisations and calling for separation of powers.

Craft of Raising

The practise of "art of rearing" involves nurturing the unborn child both before and after birth. Osho emphasises on the various scientific techniques that should be used in the "art of rearing"by parents both before and after giving birth to a kid. His scientific approach includes a step that genetic modification, meditative union, pleasant delivery, and mothering recommendations that a To have a child who will be smart, a couple should do the following. The alternative approaches that should After a baby is born, privacy, sleep training, sex education, and transformation of the mother are the next steps. top teachers, cutting-edge libraries, fun, and meditation. by his skill in raising Osho wants to build a solid foundation for life.

RJEdT

International Research Journal of Education and Technology



Peer Reviewed Journal ISSN 2581-7795

Arts of living

The main tenets of Osho's art of living include parental guidance, real education, an inquisitive mind, individuality, sex education, sports, humour, and meditation. For teens and young people to live full lives, these are necessary. His way of life encourages living in peril since peril awakens one's entire consciousness. The art of parenting supports the art of living, which is tied to the major and medium phases of life. Osho's art of living thus serves as the cornerstone for the final component of his vision for education, the art of dying.

Regarding teen education, Osho stresses that students should always be truthful and honest, no matter what the cost They should be encouraged to communicate with their parents openly and fearlessly about everything. When teenagers approach their parents with sincerity, honesty, and just an open heart, it inspires their parents to do the same. Education at this level is one of many issues that are particularly sensitive throughout the teenage years because it is such a key stage. Actually, the educational system ought to be set up so that he receives guidance from his parents, his school, and his university from the very beginning. keeps in mind that everything is connected, including seemingly opposing things. One he should be certain in his mind that whoever I appear to be on the outside, I am the same internally. Only then will he develop into a complete person. Our culture shapes a person's personality but does not constitute a person.

Educational Information

Osho claims that informed education teaches students about important historical events and facts. We cannot be historical relativists because we are decent beings. In order to accomplish our aim in the present, we can use information from the past as a guide. Preliminary historical data would be useful for new types of research. Human minds naturally keep records of information from the past. Osho focuses on the right use of reason to determine whether something should be taken or not based on its importance in life as a result. A person's mind will become nothing less than a dustbin if they continue to accumulate an excessive amount of unimportant information. Being a Renaissance man, we like to be the jackal of all trades.

All of that is damaging as well, according to spiritual leaders like Krishnamurti, Gandhi, Vivekananda, and others. These days, determining the veracity of information on a given topic is exceedingly challenging. Depending on the sources, information may change. As a result, we must rely on news sources we can trust as well as literature issued by authorised publishers. We will ultimately achieve achievement and contentment when we use our mental faculties for legitimate inquiry, which ensures mental tranquilly. Information for the sake of living, rather than for winning contests, can only improve our inner calm; otherwise, it would cause restlessness. Languages are included in the educational process. Every person should be able to speak at least two languages, one of which should be their native tongue and the other being English.

Science Instruction

The study of scientific subjects is Osho's notion of education's second dimension. Because it makes up half of reality, the outward world, it is of utmost importance. "Science is only half of reality, the outside reality, because it kills the being first before conducting the research," says



Peer Reviewed Journal ISSN 2581-7795

Osho. Any study conducted on a live thing after it has passed away can never be completely accurate. How does one get reality's core by eliminating life? (GF 50)

Other Indian intellectuals reject all conservation The right use of theory to reach a goal involves clear insight combined with practicality. Therefore, theory and practise should complement one another. Osho views anything that is not based on science or reason as sin because he views sin differently than our religious institutions do. Sin, in his opinion, is living one's life purely based on faith. For him, a life based on science is the only real life. Living as a magnificent creature on earth means using reason and conscience in the right ways.

Osho therefore values human logic as the best way to approach reality. Science is the result of thorough investigation and supporting data. According to Osho, doing things in this way promotes inner tranquilly and makes even partial reality preferable to nonexistent reality.ve viewpoints. To them, believing in anything or any notion entails escaping reality or acquiring false information. Since theory simply satisfies the mind's curiosity, they do not place their faith in theory alone.

Learning to Feed the Soulis rapidly vanishing from each individual is a very ominous sign of the impending mass extinction of humanity. It indicates that there is a problem with the current educational system that prevents everyone from living in peace and comfort, both personally and globally.

A man becomes a true human through education, which is a light that illuminates life. It represents getting ready for life. It is an ongoing, lifelong process. It describes an individual's most priceless and enduring possession. Education encourages positive and useful life change. The evolution of human civilisation depends on it the most. In actuality, an uneducated man won't be a full man.

But the education we receive does not seem to support all of these presumptions. Every person's true desire is for safety, stability, and love. Although the global literacy rate is rising, which is a beneficial development in and of itself, inner peace and interpersonal harmony are more important.

CONCLUSION

By the way of Osho education arrangement is based on love, independent and kindness. Give respect to a life and person that types of education are must be needful. Giving that types of whether where we can find ourselves. For the development of our self energy and we have to shine it.





Peer Reviewed Journal ISSN 2581-7795

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